

COVID-19 and rehabilitation – resources for Allied Health Professionals

National guidance: COVID-19 and rehabilitation	
Second phase of NHS response to COVID-19: Letter from Sir Simon Stevens and Amanda Pritchard includes actions for urgent clinical service over next six weeks	Novel coronavirus (COVID-19) standard operating procedure: Community health services - expected approach of community health services during the pandemic
COVID-19 hospital discharge service requirements actions that must be taken to enhance discharge arrangements and the provision of community support	Rehabilitation in the wake of Covid-19 - A phoenix from the ashes (British Society of Rehabilitation Medicine)
National guidance: rehabilitation	
Commissioning guidance for rehabilitation (NHS England) outlines the components of good quality rehabilitation	Community rehabilitation toolkit (NHS Right Care) supports systems to understand the priorities for community rehabilitation services and the key actions to take
Rehabilitation after critical illness (NICE, CG83) rehabilitation strategies for adults who have experienced a critical illness and stayed in critical care	Pulmonary Rehabilitation resource pack (British Thoracic Society) supports pulmonary rehabilitation whilst face to face provision is not possible
Other resources	
COVID-19 and Rehabilitation (European Respiratory Society) expert opinion on early and short-term rehabilitative interventions after acute hospital setting	Right to rehab campaign deliver effective, person-centred community rehabilitation services to all those who need them so that people can live well longer.
Rehabilitation during and after the Covid-19 pandemic (Chartered Society of Physiotherapy); Rehabilitation (Royal College of Occupational Therapy)	Covid-19 and Post-viral Fatigue Syndrome (ME Association); Post Covid-19 Rehabilitation (Physios for ME)
Blogs and news items	
How to create real, long lasting change after COVID-19 (RSA)	COVID-19 exposes the critical importance of patient rehabilitation (World Health Organisation)

Publications under other resources and new items are considered complementary to national guidance; Health Education England is not endorsing their publication and it is recommended that these resources are quality assured locally.

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